



School SBIRT Training

(Screening, Brief Intervention, and Referral to Treatment)
A Training Opportunity for Middle and High School
Student Services Staff



What is SBIRT?

SBIRT is a comprehensive and evidence-based model for delivery by student services. The service begins with administering a standardized Screening instrument. For students who show moderate or high risk results, a Brief Intervention (BI) is conducted. The BI is delivered with motivational interviewing and is protocol-guided. For those students who show high risk concerns and who do not respond to the BI, a Referral to Treatment may be initiated.

Why SBIRT in Schools?

- Evidence-based for addressing student alcohol/drug involvement and evidence-informed for addressing a range of other behavioral concerns, including attendance and classroom behavior
- Student-centered and strength-based
- Teens rate the service with high levels of satisfaction
- Provides a Tier II and Tier III practice with PBIS
- Response-to-Intervention can be ascertained by using baseline and follow-up screening results

Training Description

■ **Pre-Training Assignment** — View this webcast to determine if this training is appropriate for your district:

<http://dpimedia.wi.gov/main/Play/6ef4f5ccc2f54bdf88e0a3a907ad8e3f1d?catalog=25053ab9-20ed-4098-bd9f-749e3308fe28>

A requirement of registration is to complete an initial Implementation Plan and submit to Tracy Herlitzke, therlitzke@cesa4.k12.wi.us prior to training.

■ **Initial Training (February 13)** — Overview of SBIRT, introduction to the requisite skills (Motivational Interviewing), and practice on delivering protocol-guided Brief Intervention services. Audio tape delivery of Brief Intervention.

■ **Adopt SBIRT Into Practice and Continue Implementation Planning** — Staff deliver SBIRT services and track initial implementation. Staff meet with student services leadership to complete Implementation Plan.

■ **Follow-up Training (February 27)** — Staff receive individualized feedback from fidelity review of audiotape. Continue skill building, practice delivering SBIRT, and refining Implementation Plan.

Workshop Questions: Tracy Herlitzke (608) 786-4838; therlitzke@cesa4.k12.wi.us

Registration Questions: Mary Devine (608) 786-4800; mdevine@cesa4.k12.wi.us

Cost: \$100/per person (Lunch and snacks provided)

Payable to: CESA #4

Send Payment to: CESA #4 ATTN: Mary Devine, 923 East Garland Street, West Salem, WI 54669—PLEASE include and clearly define: Participant name, exact name of workshop, and date, with all checks or purchase orders. Thank you!

**ONE GRAD CREDIT AVAILABLE
THROUGH VITERBO UNIVERSITY FOR \$200**

Date/Time

February 13, 2014: 8:30am–3:30pm **AND**
February 27, 2014: 8:30am–3:30pm
Registration: 8:00am—8:30am

Location

CESA #9
304 Kaphaem Road
PO Box 449
Tomahawk, WI 54487

CESA #9 Contact:

Lynn Verage; lverage@cesa9.k12.wi.us
(715) 453-2141 Ext. 228

Register Online:

<http://login.myquickreg.com/event/event.cfm?eventid=8592>

About the Trainer:

Scott Caldwell, MA CSAC

Scott is a licensed substance abuse counselor and prevention specialist with a decade of clinical experience with adolescents. He is a member of the Motivational Interviewing Network of Trainers and is the SBIRT (Screening, Brief Intervention, Referral for Treatment) program coordinator at Wisconsin Department of Health Services.