

# Level Up Your YMHFA Instructor Skills

Join this 1-hour, online Q & A Session with **Youth Mental Health First Aid (YMHFA)** National Trainer, Soumya Palreddy, PhD



## IN THIS SESSION

- Soumya Palreddy, PhD, will share her YMHFA expertise and engage in Q&A with participants.
- This session is for new and experienced YMHFA Instructors, to support your ongoing learning.
- Bring your questions to ask directly to Soumya, submit via chat, or email in advance to [jenny.holle@cesa2.org](mailto:jenny.holle@cesa2.org).

## REGISTRATION

### Online Session

- May 21, 2024, 3:00 PM-4:00 PM via Zoom



## REGISTRATION FEE

- FREE for Wisconsin YMHFA Instructors

## QUESTIONS ABOUT THIS TRAINING?

- [Contact Jenny Holle, YMHFA Project Lead](#)

## Ready to learn more NOW?

Additional instructor resources are available on [this Padlet](#) for YMHFA Instructors OR view the NEW brief, on-demand videos from Soumya Palreddy, PhD on these YMHFA topics:

- [Accessibility and Accommodations](#)
- [Engagement Strategies for In Person Courses](#)
- [Tips for New Instructors](#)
- [YMHFA for Tribal Communities and Indigenous Peoples](#)

FOR REGISTRATION ASSISTANCE CONTACT: Kalli Rasmussen, CESA #4, (608)786-4832, [krasmussen@cesa4.org](mailto:krasmussen@cesa4.org)



To learn more about Youth Mental Health First Aid and the support provided by the WISH Center visit <https://www.wishschools.org/resources/youth-mental-health-first-aid.cfm> or contact your [WISH Center Regional Coordinator](#)



SCAN FOR TRAINING INFO

Partnership and funding provided by the Wisconsin Department of Public Instruction.

