



# From Surviving to Thriving: Supporting Mental Health and Wellness for All

## WHO SHOULD ATTEND?

School staff who are in positions of supporting and responding to youth and school staff mental health needs

## DETAILS

### COST:

Winter Academy only: \$225/person  
(including breakfast and lunch)  
ALL RLCs and Winter Academy - \$600/person

Come join us! Afternoons of RLC days:  
\$200/4 part series - Join us for the Social  
Emotional Systems Support Collaborative

### REGISTER ONLINE:

[www.cesa6.org/events](http://www.cesa6.org/events)

### LOCATION:

- CESA 6 Offices - 2300 State Rd 44, Oshkosh, WI 54904
- Virtually via Zoom

### CONTACTS:

#### Elizabeth Langteau

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AMHE Co-Director  
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## WINTER ACADEMY

**Tiers 1, 2 and 3: Supports and Interventions to  
address Student Mental Health, Trauma and SEL**

January 30th, 2024

8:30 am - 3:30 pm



### Terry Scott, Ph.D.

Professor, Distinguished Scholar, and  
Director of the Center for  
Instructional and Behavioral  
Research in Schools (CIBRS),  
University of Louisville



### Meghan Martin, Ph.D.

School Mental Health Consultant  
with the Center for Instructional and  
Behavioral Research in Schools,  
University of Louisville

Mental health promotion, trauma sensitive practices, and social emotional supports are most effective when they are embedded across student-serving systems. This full day of learning will explore tier 1 universal supports for prevention, universal screening and assessment, as well as evidence-based tier 2 and tier 3 interventions. Participants will dive into essential classroom strategies and interventions for preventing and supporting students who are experiencing challenging behaviors.

