

PREPaRE 2 - Mental Health Crisis Interventions

Responding to an Acute Traumatic Stressor in Schools

The third edition of this PREPaRE workshop develops the knowledge and skill required to provide immediate mental health crisis interventions to the students, staff, and school community members who have been simultaneously exposed to an acute traumatic stressor. The knowledge and skill developed within this session also helps to build a bridge to the psychotherapeutic and trauma informed mental health response sometimes required to address challenges associated with trauma exposure.



TRAINING: A PROFESSIONAL LEARNING EXPERIENCE

The 2-day PREPaRE 2 workshop builds the knowledge and skills necessary to meet the mental health needs of students and staff in the aftermath of a crisis. This workshop will help participants:

- Report reduced anxiety and fear associated with the provision of school mental health crisis interventions
- Report increased knowledge and confidence associated with the provision of school mental health crisis interventions
- Identify variables that help to estimate the number of individuals traumatized by a crisis
- Recognize the difference between common crisis reactions and mental illness
- Identify the elements of school crisis preparedness specified by the PREPaRE acronym
- Recognize risk factors that predict psychological trauma
- Identify the warning signs that indicate psychological trauma
- Place PREPaRE mental health crisis interventions on a multitiered continuum ranging from least to most restrictive
- Match the degree of psychological trauma risk to the appropriate school crisis interventions.

KEY ACTIONS FOR EFFECTIVE IMPLEMENTATION

- Have an Incident Command System in place (Safety & Crisis Team)
- Have an Emergency Operations Plan

SUPPORT & NEXT STEPS

- COACHING SUPPORT - Individual or Team Coaching with a WISH Trainer for post event debriefing or safety tabletop exercises
- ADDITIONAL RESOURCES FOR REVIEW
 - Wisconsin DOJ Office of School Safety Resources: School Threat Assessment Protocol, Comprehensive School Security Framework
 - Readiness and Emergency Management for Schools (REMS) Developing Emergency Operations Plans

Schools play a critical role in meeting the needs of students, staff, families and often the local community during times of crisis. PREPaRE is the only comprehensive curriculum developed by school-based professionals with firsthand experience and formal training. The curriculum builds on existing personnel, resources and programs; provides for sustainability; and can be adapted to individual school needs and size. The PREPaRE curriculum has been developed by the National Association of School Psychologists (NASP).

For more information: <http://www.nasponline.org/prepare/index.aspx>



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Partnership and funding provided by the Wisconsin Department of Public Instruction

To learn more about School Safety and the support provided by the WISH Center visit <https://www.wishschools.org/resources/SchoolSafety.cfm> or contact your WISH Center Regional Coordinator



SCAN FOR TRAINING INFO

PREPaRE 2 - Mental Health Crisis Interventions

Trainings require a minimum number of participants. Please register early so we can plan accordingly.

LEARNING FORMAT

In-Person: Two consecutive 6.5-hour days of live instruction.

REGISTRATION

In-Person Training Session [40 participants max]

- Sept 26 & Sept 27, 2023 at CESA #4, West Salem [8:30am-3:30pm]
Register here: <https://login.myquickreg.com/register/event/event.cfm?eventid=33868>

Spring 2024 training sessions - to be announced

Materials are now available online and require participant registration
no later than two weeks prior to session date.

CANCELLATION POLICY: If cancellation is not received one week prior to the event, the participant will be billed \$25 to cover the cost of financial obligations created by registration such as meals, room, materials, etc.

REGISTRATION FEE

- \$225.00 per registrant
- Payable to CESA #4 - options in registration to pay by credit card or select 'invoice to school'

PREPaRE 2 IS DESIGNED FOR:

- Pupil Services, Administrators, Special Education Staff
- School Incident Command System Team Members
(Safety & Crisis Team) - including Law Enforcement and Clergy

QUESTIONS ABOUT THIS TRAINING?

- [Contact Your WISH Center Regional Coordinator](#)

This 2-day workshop
offers 13 credit hours of
document NASP -
approved CPD

FOR REGISTRATION ASSISTANCE CONTACT: Kalli Rasmussen, CESA #4, (608)786-4832, krasmussen@cesa4.org

