

# Coaching for Educator Wellness: A Guide to Supporting New and Experienced Teachers Book Study

## Four Part Series

**Join us for the Coaching for Educator Wellness:  
A Guide to Supporting New and Experienced  
Teachers Book Study.**

**This book study series will provide participants with  
an opportunity to:**

- Increase teacher expertise and self-efficacy
- Review research surrounding best teacher coaching practices
- Explore strategies for differentiating coaching practices for teachers at every stage of their career
- Study the four types of support, and learn how to match support to meet each teacher's needs during different phases of the school year
- Use interactive activities, tools, and templates to help support all teachers in increasing their expertise
- Consider how self-care and professional wellness for adults are foundational supports for social-emotional learning for students

**VIRTUAL MEETINGS**  
**3:45 PM - 4:45 PM**

Tuesday, May 17, 2022

Tuesday, May 24, 2022

Tuesday, May 31, 2022

Tuesday, June 7, 2022

**Click Logo to Register:**



Or Visit: [CESA5.ORG/EVENTS](https://CESA5.ORG/EVENTS)

**Registration Fee:**

\$25 for CESA 5

Coaching & Mentoring  
Consortium Members

\$125 for Non-  
Members

Registration includes the book,  
*"Coaching for Educator Wellness:  
A Guide to Supporting New  
and Experienced Teachers,"*  
by Tina H. Boogren.

Must register by April 26, 2022,  
in order for the book to be  
delivered to your  
school district.

Registration Questions,  
Contact Julie Beckwith:  
608-745-5472  
[beckwithj@cesa5.org](mailto:beckwithj@cesa5.org)