

# Regional Learning Community Virtual Series

## 2021- 2022 Virtual Series

A Regional Learning Community is space (virtual) for you to come together individually or with your team and other schools who are working on implementing comprehensive school mental health to share and learn from one another. The format will be a blend of formal content along with time to process, share, and ask questions. You don't have to be an AMHE member to join. This is a great opportunity for Professional Development and open to anyone who wants to attend.



# AMHE

ALLIES IN MENTAL HEALTH EDUCATION



### **MONICA CALDWELL: YOU ARE NOT REQUIRED TO SET YOURSELF ON FIRE TO KEEP OTHERS WARM: STRENGTHENING YOUR RESILIENCE AND THE RESILIENCE OF YOUR SCHOOL COMMUNITY**

**January 6th 2022 8:30 AM—11:30 AM**

Long before it became a buzzword, and long before COVID, educators have known how critical the social emotional needs of our learners are to their success. But, how can we support the diverse social-emotional needs of our learners unless we “put the oxygen mask on ourselves first”? We are going to come together to explore the importance of staff resilience and how to cultivate it within ourselves and each other.



### **RICHARD VAN ACKER : SPOTLIGHT: TIER 2 INTERVENTIONS**

**January 11, 2022 9:30 AM– 12:30 PM**

Brrrrr!!!! It's time to hunker in for an exciting morning of learning together in this Winter Academy session! We will spend some time exploring the elusive Tier 2 together. School mental health teams generally have a good handle on what universal (tier 1) practices look like and what intensive/individual mental health support (tier 3) looks like...it's the middle that seems to be more of an enigma. Together we will unearth existing practices and explore potential interventions to expand our toolboxes.



### **TIM BORUD: AUTHENTIC FAMILY ENGAGEMENT: CREATING STRONG, EFFECTIVE SCHOOL-FAMILY PARTNERSHIPS TO FOSTER EMOTIONAL WELL BEING FOR ALL**

**February 2, 2022 8:30 AM—11:30 AM**

Kids walk through our school doors and we have the ability to support and influence them over the course of the school day...but their learning doesn't stop when they walk back out those same doors at the end of the day. Engaging families in authentic and meaningful ways is critical to best meet our students' abundant needs. When parents are true partners, trust and respect is fostered and we can better meet the needs of diverse learners. Together we will explore structures, strategies, and processes to ensure that we are cultivating these partnerships and leveraging the power of coming together in service to our students.



### **CENTER 4 ALL: DIVERSITY, EQUITY, INCLUSION AND BELONGING IN YOUR EMLSS**

**March 23, 2022 8:30 AM—11:30 AM**

America's public school teachers are far less diverse than their students (National Education Association, 2013). The National Education Association (NEA) has labeled this situation a “diversity gap,” and points to this gap as one of many issues that negatively impacts the performance of minority students. Together we will explore what this means in terms of our ability to serve a diverse student body and what we can do to create a more inclusive learning environment.

#### **WHO SHOULD PARTICIPATE?**

Open to anyone who wants to attend

Persons in public, private and/or parochial school systems who assist with identification and supporting individuals in need of mental health and emotional well being services and supports

#### **REGISTRATION**

<https://bit.ly/38UCL4m>

#### **LOCATION**

All meetings are virtual via zoom

#### **COST**

- AMHE team members fee is included in AMHE tuition

- Non-AMHE individuals \$75 per session

#### **QUESTIONS**

Lisa Lesselyong,  
CESA 6 Social Emotional Learning  
Center Director  
920-279-5889 (cell)  
920-236-0571 (office)  
[llesselyong@cesa6.org](mailto:llesselyong@cesa6.org)

Elizabeth Langteau  
Consultant, Social Emotional Learning  
920-439-5040 (office)  
[elangteau@cesa6.org](mailto:elangteau@cesa6.org)

