

Presenter:

Amy Scheel-Jones brings depth and breadth of experience to capacity building and change management strategies. In her work as a School Counselor, Amy spent 10 years developing expertise in practical approaches to prevention, resiliency and fostering wellbeing. A committed youth and family advocate and systems thinker, Amy has consistently applied these core principles to accelerate practice transformation efforts in educational settings, behavioral health system planning, and cross-sector community impact efforts. The core of her work includes sustainable system transformation grounded in trauma-responsive principles, positive youth development, and resilience enhancement. Specifically, Amy oversees the Consortium on Trauma, Illness & Grief in Schools (TIG), a regional collaboration of comprehensive training and integrated crisis response network serving participating districts for over 18 years.

Areas of focus include training and consultation on the impact of childhood adversities (ACEs), trauma-responsive practices, resilience development, behavioral health system transformation, anxiety, suicide, strategic planning for crisis response, and change management for school-based initiatives. She received her BS in Human Development and Family Studies at Cornell University followed by her MS in Education in Counseling from SUNY Brockport.

Registration Required for All Events

SEND PAYMENT TO:

CESA #4, 923 East Garland Street,
West Salem, WI 54669
ATTN: Mary Devine

PLEASE include and clearly define:
Participant name, exact name of workshop, and date with all checks or purchase orders. Thank you!

Registration Assistance:

Mary Devine, CESA #4
(800) 514-3075;
mdevine@cesa4.org



Facing Anxiety:

STRATEGIES TO SUCCESSFULLY UNDERSTAND, ENGAGE AND SUPPORT STUDENTS WITH ANXIETY AND THEIR FAMILIES

Through real life experience as a school counselor with specialized training in anxiety and the parent of a child with an anxiety disorder, this seminar series will highlight essential knowledge and skills needed to deliver effective support to anxious students in a school setting. Participants will deepen their understanding of anxiety's impact on brains, bodies and behaviors. Additional emphasis will be placed on best practice strategies for school-based staff to increase engagement and improve academic, health, behavior and attendance outcomes within a Multi-Levelled System of Support.

Online - Zoom*

- **Wednesday, August 12, 2020** | 9:00 am-10:30 am | FREE | *ONLINE*
Register: <https://login.myquickreg.com/register/event/event.cfm?eventid=26971>
- **Wednesday, August 12, 2020** | 1:00 pm-2:30 pm | FREE | *ONLINE*
Register: <https://login.myquickreg.com/register/event/event.cfm?eventid=26972>

These 1.5-hour sessions will prioritize immediate understanding of anxiety and grief within the context of the COVID-19 pandemic and subsequent personal losses. Distinctions will be made between anxiety, trauma, and grief reactions with immediate strategies to effectively respond and promote positive coping and healing. **The link and passcode to the Zoom session that you register for will be emailed to you approximately one week before the session.**

BHSS, Half-day In-Person*

Building the Heart of Successful Schools (BHSS) Preconference Session

- **Wednesday, December 2, 2020** | 12:00 pm-3:00 pm | \$50.00
Glacier Canyon Conference Center at the Wilderness Resort
45 Hillman Road, Wisconsin Dells, WI 53965
Register: <https://login.myquickreg.com/register/event/event.cfm?eventid=25441>

Full-day, In-Person Sessions*

- **Wednesday, March 10, 2021** | 9:00 am-3:00 pm | \$50.00
CESA #4, 923 East Garland Street, West Salem, WI 54669
Register: <https://login.myquickreg.com/register/event/event.cfm?eventid=26973>
- **Thursday, March 18, 2021** | 9:00 am-3:00 pm | \$50.00
CESA #10, 725 W. Park Avenue, Chippewa Falls, WI 54729
Register: <https://login.myquickreg.com/register/event/event.cfm?eventid=26974>
- **Friday, March 19, 2021** | 9:00 am-3:00 pm | \$50.00
CESA #11, 225 Ostermann Drive, Turtle Lake, WI 54889
Register: <https://login.myquickreg.com/register/event/event.cfm?eventid=26975>

* SESSION LENGTHS VARY. SELECT THE SESSION THAT MEETS YOUR NEEDS AND SCHEDULE.

Half and full-day sessions will be offered in-person should health and safety guidelines permit. These sessions will establish a strong foundation of knowledge of anxiety and its impact on brains, bodies and behavior. Interactive activities and discussions will allow participants to apply the content to their daily work with students and families.