



Contact / Presenter

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Online Registration

<https://login.myquickreg.com/register/event/event.cfm?eventid=22846>

Registration Assistance

Mary Devine, CESA #4
(800) 514-3075
mdevine@cesa4.org

Cost

\$50.00

Payable to

CESA #4

Send Payment to

CESA #4, 923 East Garland Street,
West Salem, WI 54669
ATTN: Mary Devine

With all checks or purchase orders,
PLEASE include and clearly define:
Participant name, exact name of
workshop, and date. Thank you!

**** APPROXIMATELY 20 HOURS
OF PROFESSIONAL DEVELOPMENT ****

Notes

■ Class is online 24/7 from any Internet-enabled device using Google Classroom. You will need to set up a Google Email (Gmail) if you don't already have one, or you can use a school district email that is Google.

■ Each participant must purchase the book prior to the start of the course.



Motivational Interviewing in Schools: Conversations to Improve Behavior and Learning

by Stephen Rollnick, Sebastian G. Kaplan, and Richard Rutschman

Online Book Study | June 3-28, 2019

Available: <https://www.amazon.com/Motivational-Interviewing-Schools-Conversations-Applications/dp/1462527272>

This interactive, guided online book study provides a forum for school leaders to explore, in theory and practice, motivational interviewing (MI) as a practice to improve behavior and learning. Over a four-week period from June 3 to 28, participants will become familiar with the skills of MI and application to K-12 student conversations about behavior change.

What is MI? It is a style with a set of skills used to have conversation in which the student voices the case for change. MI comprises skills and strategies that can make brief conversations about any kind of behavioral, academic, or peer-related challenge more effective. Extensive sample dialogues bring to life the "do's and don'ts" of talking to K-12 students (and their parents) in ways that promote self-directed problem solving and personal growth.

Each week participants will be expected to complete the assigned reading, respond to one or more prompts posted by the facilitator on the group's discussion board, and engage with co-participants in discussing the application of motivational interviewing in the school setting.

Participants in the online book study will:

- Week/Part 1: Define motivational interviewing; discover the 4 processes, practice evoking, and utilize the E-P-E framework for providing information.
- Week/Part 2: Show how the skills of MI can improve conversation outcomes with students and parents. Discuss traps to avoid including the righting reflex.
- Week/Part 3: Take a closer look at the application of MI to four situations, bullying, working with at-risk students, dropout prevention, and post-secondary transitions.
- Week/Part 4: Plan how to practice and develop your MI skills; and how you might integrate MI in your schools.